

William Harvey Clinical Research Centre

Newsletter April 2015



International Clinical Trials Day: Wednesday 20 May 2015

Derek Willoughby Lecture Theatre, John Vane Science Centre, 1430-1600 hours.

Welcome:

Professor Mark Caulfield, Co-Director William Harvey Research Centre.

Speakers:

Dr Paula Corcoran C Psychol, Programme Director MSc Health Psychology, City University, London.

'MOTs, tea and toast: patient experiences of taking part in clinical trials'

Professor Richard Ashcroft, Professor of Bioethics, QMUL.

'Innovative medicines: why clinical trials are what patients need'

Kaye Hallett, Quintiles VP and Regional Head EMEA, Site and Patient Networks.

'Engaging patients in clinical trials – thoughts and ideas'

The talks will be followed by afternoon tea in 'The Shield', Charterhouse Square from 1600 – 1700 hours.

Who needs clinical trials?

Clinical Research Centre activities

All activities are free of charge but please book a place by calling Mike Taylor on 020 7882 5662 or emailing Mike at m.g.taylor@qmul.ac.uk or Vivienne Monk at v.monk@qmul.ac.uk

Tours of the Clinical Research Centre are available upon request. Please book with Mike Taylor or Vivienne Monk (as above).

Barts Health Research Presentation evenings

The next meeting will be held on Wednesday 20 May as part of the International Clinical Trials Day activities being organised across Barts. This event will be held at the Royal London, Clark-Kennedy Lecture Theatre 6-9pm.

Clinical Trials: why bother? By Professor Atholl Johnston

Vitamin D and respiratory infections by Professor Adrian Martineau

A day in the life of a Clinical Research Centre by Dr Paul Astin

Bespoke study: London's cyclists working with Barts Health to make London safer by Jamila Kassam and Fiona Bennin

To find out more about the research evenings and to register visit:

Clinical Research Network (CRN): North Thames Cardiovascular Disease, Diabetes, Metabolic & Endocrine, Renal and Stroke (Division 2)

The CRN North Thames (Division 2) recently held their first 'Workforce Event' on 14 April. This brought together many of the research staff working across the network to discuss progress on clinical studies currently being conducted and objectives for the coming financial year 2015/16. The specialty leads from each area gave a brief presentation on studies within their specialty.

In Cardiovascular Disease 3,550 patients were recruited to clinical studies in the first 10 months of the 2014/15 financial year. Of these studies 2 of the top 3 recruiting studies were run here at the CRC. The top recruiting study was 'HiLo' (high blood pressure control and lipid lowering in patients at high cardiovascular risk: a cluster randomised factorial comparison of educational and protocol based interventions to help primary care teams improve control of patients with poor risk factor control), recruiting 34.4% of patients. The EMMACE-4 (Investigating variation in hospital acute coronary syndrome outcomes) being conducted at UCLH came in second, recruiting 22.8% of patients and in third place 'HAPPY London' (previously featured in our newsletter) which recruited 13.9% of patients.

So, very good results for Barts/UCLP!

Objectives for 2015/16 were discussed. These include:

- For cardiovascular disease: to recruit into multicentre studies in at least five of the six CVD subspecialities.
- For diabetes: to recruit into two diabetic foot studies on the NIHR CRN portfolio and to approach people with Type 1 diabetes to participate in interventional NIHR diabetes studies portfolio within 6 months of their diagnosis.
- For metabolic & endocrine: to recruit into established NIHR studies of rare diseases in metabolic and endocrine disorders.

- For renal: to have at least 5 of 14 of acute NHS Trusts recruiting into multi-centre Renal Disorders NIHR RCTs.
- For stroke: to have at least 80% of NHS Trusts providing acute stroke care recruiting participants into NIHR studies.

